

JESSIE TIERNEY

EDUCATION

BFA in FICTION WRITING Columbia College Chicago, May 2008
EQUESTRIAN SCIENCE STUDIES William Woods University, Fulton, MO, 2003-04

PROFESSIONAL EXPERIENCE

FEATURED YOGA INSTRUCTOR NewHomA Mountain Music Festival, CO August 2010
Lead integrative hatha yoga classes throughout the music festival, featuring walking meditation into the woods, active asana practice and restorative yoga
(www.newhoma.org)

YOGA INSTRUCTOR The Nature Place, Florissant, CO 2009-present
Instruction in beginner to intermediate hatha yoga, with a focus on breath and alignment in the asanas, letting go of judgment, embracing the moment and yoga's application to everyday life

HEAD WRANGLER High Trail Ranch for Girls, CO Summer 2010
Train a staff of four wranglers, manage a herd of 60 horses—tack, meds, feed, turnout, rides—schedule and assign campers on rides seven days per week for three months of the summer, teach campers and staff western horsemanship skills, lead 5-day horse trips into the Colorado backcountry
(<http://www.sanbornwesterncamps.com/hightrails>)

HORSEBACK RIDING INSTRUCTOR High Trails Ranch for Girls, CO Summer 2009
Teach campers and staff ages 7-24 western horsemanship skills, instruct gymkhana events in the arena, teach trail and arena lessons, lead daily trail rides, guide overnight and five-day horse pack trips into the backcountry, manage tack and feed for a herd of 60 horses

OUTDOOR EDUCATOR Colorado Outdoor Education Center, Spring 2009-Spring 2010
Plan and lead groups of twenty fourth-eighth grade students on themed hikes into the outdoors, focusing on natural history, ecology, local geology, social history, teambuilding, problem solving and creative interaction with nature (www.htoec.org)

CERTIFICATIONS

REIKI MASTER TEACHER Equilibrium Energy + Education, Chicago, IL May 2010

CPR/FIRST AID Waubonsee Community College, Aurora, IL, May 2009

WILDERNESS FIRST AID NOLS May 2009

REFERENCES

Maren MacDonald, Riding Director, Sanborn Western Camps.
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Chris Tholl, HTOEC Director, High Trails Outdoor Education Center, Florissant, CO.
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Julie Richardson, Camp Director, Sanborn Western Camps, Florissant, CO.
E-mail: julie@sanbornwesterncamps.com Office: 719.748.3341 x.16

Terry Hayden, Program Developer & Marketing, The Nature Place, Florissant, CO.
E-mail: terryhayden@thenatureplace.net Office: 719.748.3475